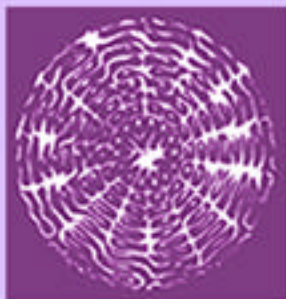


Sound Labyrinth

with Amrita & the Crystal Singing Bowls



Symbol of the Labyrinth

A labyrinth is an ancient symbol that relates to wholeness and the three-fold path. Upon entering one begins the symbolic path of releasing and letting go. The center represents illumination and opening to the Divine. The return path is union; taking the journey's benefit back into our life.

A labyrinth is an archetype with which we can have a direct experience. It is a metaphor for our life's journey, a symbol that creates a sacred space, and means by which we can journey to "the center within."

At its most basic level the labyrinth is a metaphor for the journey to the center of your deepest self and back out into the world with a broadened understanding of who you are, and what you need to move forward.

Harmonics combined with the power of intention, create an alchemy of change. Your journey into yourself through sound allows your healer within to guide you into an experience of well-being. Amrita uses ceremony and ritual to prepare the space both inside and out. Participants set an intent for the session, and comfortably lie down to receive this powerful sonic journey.

Contact Amrita to schedule an individual or group session

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